

Lesson Plans

Scripted text will appear in *italics* to aid the teacher in presenting a lesson.

Lesson Plan A

No Technology

Introduction:

Thank you for being a teacher who is bringing the **Yell and Tell** program to the children of your community. Know that you will play an important role in saving lives by teaching children what to do if they observe a dangerous situation.

The **Yell and Tell** program is aimed at the young child who sees something dangerous, feels afraid and doesn't know what to do. Many times this child will run away or be quiet because he/she doesn't want to get into trouble. Sometimes the child is so afraid he/she is too scared to do anything. The **Yell and Tell** program teaches children how be responsible and take an action if they see something dangerous. **Squawk**, the parrot, is the mascot who shows children how to react.

Length of Program – 55 minutes - 20 minutes of whole group instruction, 20 minutes for discussion and 15 minutes to complete the Activity Booklets.

Teacher Materials

1. Poster of Squawk
2. Poster of Ryder and his grandmother
3. Use the 4 teacher posters (See It, Feel It, Yell, and Tell)
4. Yell and Tell Song on page
5. Poster of Heroes
6. Optional: Use Squawk hand puppet and wear Yell and Tell T-shirt. They come in the Premium Kit or may be ordered. See resource page.....

Teacher Directions

Hi Kids

Hold up the poster of Squawk (If you have a Squawk hand puppet, show him to the children.)

Squawk and I are excited to be here with you to share a program called Yell and Tell.

How many of you want to keep others SAFE? (Thumbs up)

GREAT!

How many of you want to remain SAFE yourself? (Thumbs up)

GREAT!

Well, you are in the right place!

Squawk and I will teach you what to do if you see something dangerous.

Ready!! Good

*Do you know why Squawk is the mascot of Yell and Tell? Put your hand up?
Yes. Parrots make a lot of noise. He is going to show you what to do if you see something
dangerous and you get scared.*

*How many of you have a grandmother? Put your hand up – Put your hand down. Lots of us
have a grandmother.*

Hold up the picture of Ryder with his grandmother.

*See the picture of Ryder with his grandmother?
I am going to tell you a sad story. It is not to make you sad but to help you to know why it is
important to learn the Yell and Tell program.*

*Ryder was 4 years old and he loved to run and jump and play just like you.
One day, Ryder and his friend Jonah, who was also 4 years old, were playing in Jonah's house.
They wanted to have a popsicle.*

*They went and asked Jonah's mom if they could have a popsicle.
How many of you like popsicles? Put your hand up. Everyone likes popsicles. Put your hand
down.*

*Jonah's mom said, "You can have a popsicle, but go outside to eat it." The boys went outside
but when they were done eating their popsicles they didn't go back into the house. They went
with an older boy down near some water.*

*Water can be lots of fun, right? Raise your hand if you can tell me where you can find water!
(Take several ideas.) Although water is fun, it can also be very dangerous.*

*When they got down next to the water, Jonah wanted to put his foot in. He just wanted to touch
the water. Well, he slipped. He didn't want to fall into the water so he started to grab anything
he could to keep from falling in. Ryder was standing right next to him and Jonah grabbed
Ryder's pants. So....both the 4 year old boys fell into the water.*

*The reason I am telling you this story is because the older boy who saw the two little boys fall
into the water got so scared. He didn't know what to do. He knew he wasn't supposed to let the
two 4 year olds go near the water and he didn't want to get into trouble. So instead of yelling for
HELP as loud as he could, he ran home.*

*When he got home, his mom asked him "Where are Jonah and Ryder?" He did a good job by
telling the truth. He said that the boys were in the water.
Jonah's mom ran over to Ryder's daddy who knows how to save lives. She said, "Peter! Peter!
The boys fell into the water!" Peter immediately ran to the water and when he found one of the
boys, he pulled him out and gave him mouth to mouth resuscitation and saved his life.*

(Pretend you are pulling a child from the water and pretend mouth to mouth resuscitation.)

He saved one of the boys, but it wasn't his son, Ryder. He looked and looked for his own son but couldn't find him in time to save him.

Ryder's grandmother and his family miss him very much and that is why there is a Yell and Tell program. It will teach you what to do if you see something dangerous and you get scared. It is very easy to learn.

Introduce the 4 steps

There are 4 steps

<i>See It</i>	<i>See a dangerous situation.</i>
<i>Feel It</i>	<i>It's okay to be afraid, but then take action.</i>
<i>Yell</i>	<i>Yell HELP to draw attention.</i>
<i>Tell</i>	<i>Tell the nearest person.</i>

Hold up the SEE IT poster

What are the animals doing?

Do you think that one of the animals is going to do something that could be dangerous?

Look at Squawk. What does Squawk see?

Hold up the FEEL IT poster

What is happening?

Look at the two friends? Do they look scared? "Oh my gosh! Look at my friend! He is in trouble!"

Look at Squawk. He is so scared.

Watch the animal in the middle. He learned the Yell and Tell program so he is going to know what to do.

Hold up the YELL poster

Look at the little animal in the middle. He knows what to do because he learned the Yell and Tell program. He is going to yell help as loud as he can.

Look at the other little animal. He doesn't do anything because he doesn't know what to do.

*Look at Squawk. He is yelling **HELP** as loud as he can!*

Hold up the TELL poster

*Look at the animal in the middle. He knows to tell the first big person he sees because he learned the Yell and Tell program.
Look at Squawk. He is telling.*

*Remember boys and girls, even if you are somewhere you were told not to be, you need to Yell and Tell if you see something dangerous. If you don't see someone right away, it is ok to run to find help, but be yelling **HELP** all the way.*

Teach the Yell and Tell song

The song is to the tune of "Twinkle Twinkle Little Star."
Go over the hand motions with the children.
Practice 3 times.

Do you want to hear about some other children who have used Yell and Tell when they saw something dangerous and have become Yell and Tell Heroes?

Hold up the Heroes poster

Do you know who a Yell and Tell Hero is? He or she is someone just like you who learned to yell help and tell a big person when they saw something dangerous. The Davidson Yell and Tell Foundation wants to recognize all these children by giving them a Yell and Tell Hero T-Shirt and a Hero Certificate.

Tell the students about other children who are Yell and Tell heroes from around the country.

*Kiki from Colorado – Kiki saw her little brother Simon fall head first into a wading pool. Having learned Yell and Tell, she immediately yelled **HELP!** Her Mom came and pulled Simon out of the pool.*

*Katie from Wisconsin – Katie, a third grader, was at home when she smelled something burning. She ran upstairs and saw that her brother had started a box of tissues on fire while playing with matches. Katie yelled **HELP!** Her mom came and put out the fire.*

*Kendorian from Wisconsin – Kendorian was the only one at home when his father went into a diabetic coma. No one could hear Kendorian yell **HELP!** But he knew what to do. He called 911 and told the person on the phone that his father needed help.*

Review 911

What would you do if you were home alone with someone and they were seriously injured? Raise your hand. (Call on a few children.) Yes. You are right. Call 911. You are Yelling and Telling.

Practice yelling help!

I think we should practice what we have just learned. Let's pretend.

(Set up a situation where children might see something dangerous happening.)

*What should you do? Yes. Yell HELP as loud as you can!
Boy's first. – Stand up and tell your teacher to cover her ears.
On the count of three, yell Help as loud as you can!
Sit down.
Girls - Stand up and tell your teacher to cover her ears.
On the count of three, yell Help as loud as you can.*

*Wait a minute. Would you be laughing if you just saw something dangerous happening? NO!
Let's try again. (Repeat boys and girls yelling help.)*

Let's sing the Yell and Tell song again

Review:

Raise your hand if you think you are ready to take action if you see something dangerous! I'm glad so many of you are ready. Let's see if you remember the four steps. I am looking for five children who are sitting nicely to help me put my posters in the correct order.

(Look around the room and hand a poster to five different children.)

If I handed you a poster, please come up to the front. Now, the rest of you can help too! Let's put them in the correct order. Hold them up over your head. Which one comes first? Which one comes second? Which one comes third? Which one comes fourth? Hmmm, this looks really great! Where should the poster of Squawk go? Let's practice one more time saying them in the right order.

(Stand behind the students and point out each poster as the other students tell you what each poster says.)

Thank you helpers

(Collect posters. Ask the students to sit back down.)

Everyone did such a great job with the posters. Let's see if you can do just as good of a job with the song. Let's sing the Yell and Tell song, one more time.

Sing the song again.

That was wonderful!

Remember boys and girls, now that you have learned Yell and Tell you will know what to do if you see something dangerous. You, too, can be a Yell and Tell HERO. Even if you are somewhere you were told not to be, you need to YELL HELP and TELL the first big person you see. It is okay to be running to find help but be yelling HELP while you run.

Do Circle Time Activity (Informal Class Discussion)

Hand out Children's Activity Booklets and Squawk cut out sheets

Have children cut Squawk out and glue him where he belongs. Children should color each page and go over the words. When activity book has been completed, have the children take it home with the letter that goes home to the parents explaining why their child has learned Yell and Tell. The parent letter is found under downloads at www.yellandtell.com.

Lesson Plan B

With PowerPoint

Introduction:

Thank you for being a teacher who is bringing the **Yell and Tell** program to the children of your community. Know that you will be taking an important role in saving lives by teaching children what to do if they observe a dangerous situation.

The **Yell and Tell** program is aimed at the young child who sees something dangerous, feels afraid and doesn't know what to do. Many times this child will run away or be quiet because he/she doesn't want to get into trouble. Sometimes the child is so afraid he/she is too scared to do anything. The **Yell and Tell** program teaches children how to be responsible and take an action if they see something dangerous. Squawk, the parrot, is the mascot who shows children how to react.

Length of Program – 55 minutes - 20 minutes of whole group instruction, 20 minutes for discussion and 15 minutes to complete the Activity Booklets.

Teacher Directions before starting:

1. Download the PowerPoint from www.yellandtell.com.
2. Make sure all equipment is ready. You need a laptop with PowerPoint, a LCD projector, a screen and microphone if the group is large. You can use a smart board.

Optional: Wear Squawk T-shirt and use the Squawk hand puppet. They come in the premium kit or may be ordered independently.... See order page.....

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Hi Kids

Show slide #1 – It is the image of Squawk. If you have a Squawk hand puppet, introduce him to the children.

Squawk and I are excited to be here with you to share a program called Yell and Tell.

How many of you want to keep others SAFE? (Thumbs up)

GREAT!

How many of you want to remain SAFE yourself? (Thumbs up)

GREAT!

Well, you are in the right place!

Squawk and I will teach you what to do if you see something dangerous.

Ready! Good

Do you know why Squawk is the mascot of Yell and Tell? Put your hand up?

Yes. Parrots make a lot of noise. He is going to show you what to do if you see something dangerous and you get scared.

How many of you have a grandmother? Put your hand up – Put your hand down. Lots of us have a grandmother.

Show Slide #2 - Ryder with his grandmother.

See the picture of Ryder with his grandmother?

I am going to tell you a sad story. It is not to make you sad but to help you to know why it is important to learn the Yell and Tell program.

Ryder was 4 years old and he loved to run and jump and play just like you.

One day, Ryder and his friend Jonah, who was also 4 years old, were playing in Jonah's house. They wanted to have a popsicle.

They went and asked Jonah's mom if they could have a popsicle.

How many of you like popsicles? Put your hand up. Everyone likes popsicles. Put your hand down.

Jonah's mom said, "You can have a popsicle, but go outside to eat it." The boys went outside, but when they were done eating their popsicles they didn't go back into the house. They went with an older boy down near some water.

Water can be lots of fun, right? Raise your hand if you can tell me some places where you can find water! (Take several ideas.) Although water is fun, it can also be very dangerous.

When they got down next to the water, Jonah wanted to put his foot in. He just wanted to touch the water. Well, he slipped. He didn't want to fall into the water so he started to grab anything he could to keep from falling in. Ryder was standing right next to him and Jonah grabbed Ryder's pants. So....both the 4 year old boys fell into the water.

The reason I am telling you this story is because the older boy who saw the two little boys fall into the water got so scared. He didn't know what to do. He knew he wasn't supposed to let the two 4 year olds go near the water and he didn't want to get into trouble. So instead of yelling for HELP as loud as he could, he ran home.

When he got home, his mom asked him "Where are Jonah and Ryder?" He did a good job by telling the truth. He said that the boys were in the water.

Jonah's mom ran over to Ryder's daddy who knows how to save lives. She said, "Peter! Peter! The boys fell into the water!" Peter immediately ran to the water and when he found one of the boys, he pulled him out and gave him mouth to mouth resuscitation and saved his life.

(Pretend you are pulling a child from the water and pretend mouth to mouth resuscitation.)

He saved one of the boys, but it wasn't his son, Ryder. He looked and looked for his own son but couldn't find him in time to save him.

Ryder's grandmother and his family miss him very much and that is why there is a Yell and Tell program. It will teach you what to do if you see something dangerous and you get scared. It is very easy to learn.

Introduce the 4 steps

There are 4 steps

<i>See It</i>	<i>See a dangerous situation.</i>
<i>Feel It</i>	<i>It's okay to be afraid, but then take action.</i>
<i>Yell</i>	<i>Yell HELP to draw attention.</i>
<i>Tell</i>	<i>Tell the nearest person.</i>

Show slide #3 - SEE IT

*What are the animals doing?
Do you think one of the animals is going to do something that could be dangerous?
Look at Squawk. What does Squawk see?*

Show slide #4 - FEEL IT

*What is happening?
Look at the two friends? Do they look scared? "Oh my gosh! Look at my friend! He is in trouble!
Look at Squawk. He is so scared.
Watch the animal in the middle. He learned the Yell and Tell program so he is going to know what to do.*

Show slide #5 - YELL

*Look at the little animal in the middle – He knows what to do because he learned the Yell and Tell program. He is going to **YELL HELP** as loud as he can.
Look at the other little animal – He doesn't do anything because he doesn't know what to do.
Look at Squawk. He is yelling **HELP** as loud as he can!*

Show slide #6 -TELL

*Look at the animal in the middle. He knows to Tell the first big person he sees because he learned the Yell and Tell program.
Look at Squawk. He is telling.*

*Remember boys and girls, even if you are somewhere you were told not to be, you need to Yell and Tell if you see something dangerous. If you don't see someone right away, it is ok to run to find help, but be yelling **HELP** all the way.*

Show slide #7 - Teach the Yell and Tell song

The song is to the tune of “Twinkle Twinkle Little Star.”
Go over the hand motions with the children.
Practice 3 times.

Do you know who a Yell and Tell Hero is? They are someone just like you who learned to yell help and tell a big person when they saw something dangerous. The Davidson Yell and Tell Foundation wants to recognize all these children by giving them a Yell and Tell Hero T-Shirt and a Hero Certificate.

Show slide #8 - Yell and Tell Hero Certificate

Do you want to hear about some children who have used Yell and Tell when they saw something dangerous and are Yell and Tell Heroes?

Show slide #9 - Yell and Tell Heroes

(Tell the students about other children who are Yell and Tell heroes from around the country. Look up their stories on the website www.yellandtell.com or use these three examples.)

Kiki from Colorado – Kiki saw her little brother Simon fall head first into a wading pool. Having learned Yell and Tell, she immediately yelled HELP! Her Mom came and pulled Simon out of the pool.

Katie from Wisconsin – Katie, a third grader, was at home when she smelled something burning. She ran upstairs and saw that her brother had started a box of tissues on fire while playing with matches. Katie yelled HELP! Her mom came and put out the fire.

Kendorian from Wisconsin – Kendorian was the only one at home when his father went into a diabetic coma. No one could hear Kendorian yell HELP! But he knew what to do. He called 911 and told the person on the phone that his father needed help.

Review 911

What would you do if you were home alone with someone and they were seriously injured? Raise your hand. (Call on a few children.) Yes. You are right. Call 911. You are Yelling and Telling.

Practice yelling help!

I think we should practice what we have just learned. Let's pretend.

(Set up a situation where children might see something dangerous happening.)

What should you do? Yes. Yell HELP as loud as you can!

Boy's first. – Stand up and tell your teacher to cover her ears.

On the count of three, yell Help as loud as you can!

Sit down.

Girls - Stand up and tell your teacher to cover her ears.

On the count of three, yell Help as loud as you can.

Wait a minute. Would you be laughing if you just saw something dangerous happening? NO!

Let's try again. (Repeat boys and girls yelling help.)

Let's sing the Yell and Tell song again.

Review:

Raise your hand if you think you are ready to take action if you see something dangerous! I'm glad so many of you are ready. Let's see if you remember the four steps. I am looking for five children who are sitting nicely to help me put my posters in the correct order.

(Look around the room and hand a poster to five different children.)

If I handed you a poster, please come up to the front. Now, the rest of you can help too! Let's put them in the correct order. Hold them up over your head. Which one comes first? Which one comes second? Which one comes third? Which one comes fourth? Hmmm, this looks really great! Where should the poster of Squawk go? Let's practice one more time saying them in the right order.

(Stand behind the students and point out each poster as the other students tell you what each poster says.)

Thank you helpers

(Collect posters. Ask the students to sit back down.)

Everyone did such a great job with the posters. Let's see if you can do just as good of a job with the song. Let's sing the Yell and Tell song, one more time.

Sing the song again.

That was wonderful!

Remember boys and girls, now that you have learned Yell and Tell you will know what to do if you see something dangerous. You, too, can be a Yell and Tell Hero. Even if you are somewhere you were told not to be, you need to YELL HELP and TELL the first big person you see. It is okay to be running to find help but be yelling HELP while you run.

Do Circle Time Activity (Informal Class Discussion)

Hand out Children's Activity Booklets and Squawk cut out sheets

Have children cut Squawk out and glue him where he belongs. Children should color each page and go over the words. When activity book has been completed, have the children take it home with the letter that goes home to the parents explaining why their child has learned Yell and Tell. The parent letter is found under downloads at www.yellandtell.com.

Lesson Plan C

With Interactive DVD

Introduction:

Thank you for being a teacher who is bringing the **Yell and Tell** program to the children of your community. Know that you will be taking an important role in saving lives by teaching children what to do if they observe a dangerous situation.

The **Yell and Tell** program is aimed at the young child who sees something dangerous, feels afraid and doesn't know what to do. Many times, this child will run away or be quiet because he/she doesn't want to get into trouble. Sometimes, the child is so afraid he/she is too scared to do anything. The **Yell and Tell** program teaches children how to be responsible and take an action if they see something dangerous. Squawk, the parrot, is the mascot who shows children how to react.

Length of Program – 55 minutes - 20 minutes of whole group instruction, 20 minutes for discussion and 15 minutes to complete the Activity Booklets.

Teacher Directions before starting:

Preview the DVD before you give the program. Make sure all of the equipment is ready.

You need a DVD player with sound, screen and a microphone if the group is large.

Optional: Wear Squawk T-shirt and use the Squawk hand puppet. They come in the premium kit or may be ordered independently.

Length of Program – 55 minutes (20 minutes to play DVD + an additional 35 minutes for discussion and to complete the Activity Booklets)

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Hi Kids

Squawk and I are excited to be here with you to share a program called Yell and Tell.

How many of you want to keep others SAFE? (Thumbs up)

GREAT!

How many of you want to remain SAFE yourself? (Thumbs up)

GREAT!

Well, you are in the right place!

Squawk and I will teach you what to do if you see something dangerous.

Ready! Good

Introduce Squawk – (If you have a Squawk hand puppet introduce him to the children.)

Do you know why Squawk is the mascot of Yell and Tell? Put your hand up?

Yes. Parrots make a lot of noise. He is going to show you what to do if you see something dangerous.

There are 4 steps

<i>See It</i>	<i>See a dangerous situation.</i>
<i>Feel It</i>	<i>It's okay to be afraid, but then take action.</i>
<i>Yell</i>	<i>Yell HELP to draw attention.</i>
<i>Tell</i>	<i>Tell the nearest person.</i>

Listen carefully while Squawk shows you what to do!

Play the DVD – pause where and when you feel you would like to add comments.

Go over the Yell and Tell song – song is under downloads at www.yellandtell.com

Review 911

What would you do if you were home alone with someone and they were seriously injured? Raise your hand. (Call on a few children.) Yes. You are right. Call 911. You are Yelling and Telling.

Practice yelling help!

I think we should practice what we have just learned. Let's pretend.

(Set up a situation where children might see something dangerous happening.)

*What should you do? Yes. Yell **HELP** as loud as you can!
Boy's first. – Stand up and tell your teacher to cover her ears.
On the count of three, yell Help as loud as you can!
Sit down.*

*Girls - Stand up and tell your teacher to cover her ears.
On the count of three, yell Help as loud as you can.*

*Wait a minute. Would you be laughing if you just saw something dangerous happening? NO!
Let's try again. (Repeat boys and girls yelling help.)*

Let's sing the Yell and Tell song again.

Review:

Raise your hand if you think you are ready to take action if you see something dangerous! I'm glad so many of you are ready. Let's see if you remember the four steps. I am looking for five children who are sitting nicely to help me put my posters in the correct order.

(Look around the room and hand a poster to five different children.)

If I handed you a poster, please come up to the front. Now, the rest of you can help too! Let's put them in the correct order. Hold them up over your head. Which one comes first? Which one comes second? Which one comes third? Which one comes fourth? Hmmm, this looks really great! Where should the poster of Squawk go? Let's practice one more time saying them in the right order.

(Stand behind the students and point out each poster as the other students tell you what each poster says.)

Thank you helpers.

(Collect posters. Ask the students to sit back down.)

Everyone did such a great job with the posters. Let's see if you can do just as good of a job with the song. Let's sing the Yell and Tell song one more time.

Sing the song again.

That was wonderful!

Remember boys and girls, now that you have learned Yell and Tell you will know what to do if you see something dangerous. You, too, can be a Yell and Tell Hero. Even if you are somewhere you were told not to be, you need to YELL HELP and TELL the first big person you see. It is okay to be running to find help but be yelling HELP while you run.

Do Circle Time Activity (Informal Class Discussion)

Hand out Children's Activity Booklets and Squawk cut out sheets

Have children cut Squawk out and glue him where he belongs. Children should color each page and go over the words. When activity book has been completed, have the children take it home with the letter that goes home to the parents explaining why their child has learned Yell and Tell. The parent letter is found under downloads at www.yellandtell.com.

Lesson Plan D

Junior Yell and Tell Safety Trainer Program

Objective: Children, 5th grade and older, will learn leadership skills by successfully teaching younger children the Yell and Tell program.

Students need to meet the following criteria:

- Be in 5th grade or higher.
- Have learned the Yell and Tell Program. (Lesson A, B, or C)
- Have learned the Yell and Tell Song.
- Have passed a written or oral Yell and Tell comprehension assessment.
- Be familiar with the Yell and Tell website. www.yellandtell.com

Upon completion of the above, each student will receive a Squawk Seal of Approval ID



Responsibilities of the Junior Yell and Tell Safety Trainer:

- Teach younger children the Yell and Tell Safety Program.
- Work with an adult who will help set up programs and keep records of the number of children who receive the program.
- With the supervising adult, award Yell and Tell Hero Certificates and Hero T-shirts to children who have used positive action when they have observed a dangerous situation.

Here are a few of the groups that this program would be appropriate for:

Girl and Boy Scouts
Circle K Clubs
Church Youth Leaders
Youth Service Clubs

Kiwanis Key Clubs
Babysitters
Camp Counselors
Boys and Girls Club Leaders

YMCA Youth Leaders
4-H Youth Leaders

Junior Yell and Tell Safety Trainer Program Test

Name:

Grade:

School:

Date:

1. What is the purpose of the Yell and Tell Program?
2. What are the 4 steps to this Program?
3. What word should you yell?
4. What should you do after you yell?
5. Why is it important to tell right away?